

The Youth Tour is back!

In 2019, Itasca-Mantrap sponsored Sierra Wroolie, Nevis, for the six-day, all-expensepaid Electric Cooperative Youth Tour to Washington, D.C. The 2022 tour is scheduled for June 14-19 and is open to high school sophomores and juniors whose parent or guardian is an Itasca-Mantrap member. Applications are available at www.itasca-mantrap.com, at our office or from a high school counselor.

The application deadline is March 16.



Experience Washington, D.C. for free

Itasca-Mantrap covers the total cost of the trip, including airfare. All you will need is spending money for souvenirs. History will come alive as you visit all the D.C. sights, including memorials and museums.

Be Heard

Spend a day on Capitol Hill with elected officials. It is a great opportunity to address your concerns directly with legislators.



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Make Friends

Meet teens from all over the country. You can even apply for the youth Leadership Council and return to Washington, D.C., for a leadership workshop.

Represent your community

Represent Itasca-Mantrap and your community at our nation's capital. Learn more about America's history and the role electric cooperatives play in developing strong rural communities.



Stand out

Being selected for Youth Tour is a unique accomplishment. Mentioning your leadership skills looks great on your college application or resume. It's also never too early for networking!





2019 Youth Tour Delegate, Sierra Wroolie





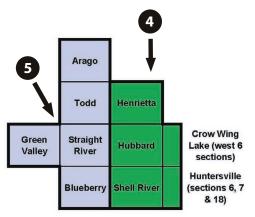
Director Nominations Open

Nominations are open for director candidates who live in district 4 and district 5. Nominees must meet eligibility requirements as specified in the Itasca-Mantrap Bylaws. Copies of the bylaws are available at

www.itasca-mantrap.com and at our office.

If you are interested in becoming a candidate, call our office to request a director candidate packet. The packet contains the nomination petition form and other information.

Completed petitions and forms must be received in the Itasca-Mantrap office by 4:30 p.m. on Monday, April 11.



DISTRICT 4 – includes Henrietta, Hubbard, Shell River, Crow Wing Lake (west 6 sections), and Huntersville (sections 6, 7 and 18) Townships.

DISTRICT 5 – includes Arago, Blueberry, Green Valley, Straight River, and Todd Townships.



February may be the shortest month, but it is packed with a host of special observances like Presidents' Day, Black History Month and Valentine's Day. In addition,

the month features several unofficial "national" days you've probably never heard of like "National Tator Tot Day." But all these observances have something in common: they were created to draw attention to a particular issue or theme.

Valentine's Day may seem like a holiday originally created by a greeting card company; but, over time, it has become a widely celebrated day for professing our love and thereby generating millions of dollars spent on flowers, candy, and of course, greeting cards. But Valentine's Day is not just for the lovebirds. It is also the perfect time to let our friends, family, co-workers, and other special people in our lives know we care about them with or without a store-bought greeting card.

So, with that in mind, I have created our list of the top reasons why we love serving you, the members of Itasca-Mantrap.

 Without our members, the co-op would not exist. Our whole purpose is to provide you with reliable, affordable,

CEO Update - By Christine Fox, President-CEO

safe electricity. Itasca-Mantrap's very existence is to serve you. That is why we were founded in 1939 – to bring power to our local area when for-profit utilities would not.

- Our members enable us to give back. A major part of being a cooperative is to serve our community. With your assistance and generous contributions to Operation Round-Up, we contribute to local charities that support projects in the areas of community service, education and/or youth, community economic assistance and the environment. Some of your donations are used to support the most vulnerable members of our community through local food shelves, programs for the disabled and programs for the elderly, just to name a few.
- Our members serve on our Board of Directors. Because our Board members live in the area, they have the pulse of the larger community and identify immediate and long-term needs. They provide guidance in setting co-op priorities and making big decisions.
- Our members help us get it right. Itasca-Mantrap members provide helpful input through their vote on director elections and by weighing in on co-op and community issues. Your opinions are valuable. In fact, they are critical to our success. We appreciate your opinions on programs that we currently offer and your suggestions for additional

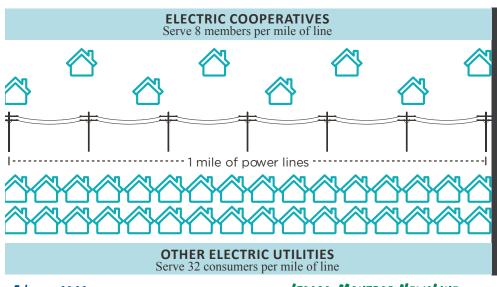
programs that may serve our members better.

- Our members are great about keeping us informed. We do our best to avoid power outages, but Mother Nature can occasionally throw us a curveball. Our members are quick to report power disruptions and are patient as our crews work to safely restore power. We know outages are frustrating, and your support as we work through storms or other outages means so much to our team members.
- Our members make up the community we serve – and for us, it is all about community. Our team members live and work here too, and they care about our community the same way you do. That is why we invest in economic development and why you will see our team members volunteering at local schools and other charitable and community endeavors.

As a co-op, our mission is to serve our members and one of our cooperative principles is to enhance the quality of life in our community. We love serving our members and our local community and February is a great month to tell you! Happy Valentine's Day!!

Thank you for allowing me to serve you!

GOING THE EXTRA MILE



Electric co-ops maintain more miles of power lines per consumer than other electric utilities. The average electric cooperative serves 8 members per mile of line. Itasca-Mantrap serves 6 members per mile of line. Even though we power fewer consumers on our lines compared to other utilities, we'll always go that extra mile for you, the members we proudly serve.

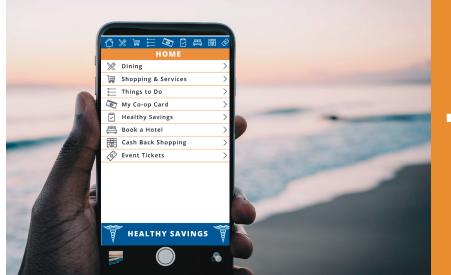
Itasca-Mantrap NewsLine

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GO BEYOND THE CARD

Co-op Connections[®] Card





FIND ALL THE WAYS TO SAVE

DOWNLOAD THE FREE CO-OP CONNECTIONS® APP TODAY!

Learn more at connections.coop or at www.itasca-mantrap.com

Statement of Nondiscrimination

Itasca-Mantrap is an equal opportunity provider and employer. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the Cooperative prohibits discrimination based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/ parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by the Cooperative (not all prohibited bases apply to all

programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the Cooperative or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination

Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_ filing_cust.html and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@ usda.gov.

Text Messaging Notifications

Itasca-Mantrap offers text message notifications to our members! Text message notifications provide a simple and convenient way to receive important notices related to your electric account, such as:

- Report an outage via text
- Receive outage status updates
- Notifications of scheduled outages

*Text message charges may apply. Members may opt out of text notifications.

When you become an Itasca-Mantrap member, look for an introductory text message to welcome you into text notifications!

Follow us to stay updated on the latest!



2022 Commercial & Industrial (C&I) Rebates

Itasca-Mantrap has many Commercial & Industrial rebates available for 2022, including rebates for lighting, compressed air systems, ground source heat pumps, cooling, heating, ventilation, motors and more.

- Agricultural
 - Dairy-Free Heater
 - Dairy Plate Cooler (Well water pre-cooler)
 - Ventilation
 - Robotic Milking
 - Livestock Waterer
- Building Studies
- Commercial Food Service
- Compressed Air Systems
- Electric Forklifts

- Lighting Custom or Retrofit
- Motors/Variable Frequency Drives (VFDs)

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- Heating, Ventilation and Air Conditioning
 - Air Source Heat Pumps
 - Chillers
 - Economizers
 - Ground Source Heat Pumps
 - Packaged Terminal Air Conditioners (PTAC)
 - Rooftop Units
 - Split Systems
 - Mini-splits
- EV Charging

Contact the Itasca-Mantrap office to see if your energy saving project qualifies for a rebate.

Board Report: Meeting Highlights

The regular meeting of the Board of Directors for Itasca-Mantrap Co-op. Electrical Ass'n. was held on Thursday, November 18, 2021, at 9:00 a.m. at the Itasca-Mantrap office.

A quorum of directors was present.

Items discussed or Board action taken:

- Approved the consent agenda.
- Heard the Operations and Safety report and the Marketing and Member Services report.
- October financials were received and filed subject to audit.
- CEO Christine Fox gave her monthly CEO report.
- Heard a presentation by Jon Brekke, Great River Energy's (GRE) vice president and chief power supply officer.
- Approved the request by GRE to purchase an additional 68MWs under the Rainbow Energy Purchase Power Agreement (PPA).
- Approved the request by GRE to approve an amendment to the NextEra Buffalo Ridge PPA.
- Approved changes to existing policies.
- Directors and CEO Christine Fox reported on meetings attended on behalf of the Cooperative.

The February meeting of the Board of Directors is Thursday, February 24, 2022, at 9:00 a.m



2022 Residential Member Rebates

Heating & Cooling

| • Air Source Heat Pump (ASHP)* | |
|--|------------------------------------|
| 14.5 SEER | \$500 |
| 15 SEER | \$650 |
| 16+ SEER | \$800 |
| *Installed ASHPs must be separately metered and controlled and installed by a participating quality for rebate. | installation contractor to qualify |
| Air Conditioner or Air Source Heat Pump Tune-Up | \$25 |
| Dual Fuel Heating Systems (per kilowatt installed*) | \$25/kW |
| *Installed dual fuel must be separately metered and controlled on the dual fuel program to qualify fo | r a rebate. |
| Ductless Air Source Heat Pump | \$300 |
| Electronically Commutated Motor (ECM) Replacement* | \$50 |
| *ECMs are standard in new construction. Rebates are available only for replacement. | |
| Ground Source Heat Pump* (5 ton maximum per Member*) | \$400/ton |
| Off-Peak Storage Space Heating (per kilowatt installed*) | \$100/kW |
| *Installed storage space heat must be separately metered and controlled on the off-peak program to | o qualify for a rebate. |
| Smart Thermostat | \$25 |
| Water Heating | |
| High-Efficiency Water Heating | |
| Storage Water Heating* | \$600 |
| Peak Shave Water Heating** | \$300 |
| *Installed water heaters must have an energy factor of .90 or higher and have a combined capacity o ** Installed peak shave water heaters must have an energy factor of .90 or higher and have a capaci | |
| | |

Appliances & Lighting

• ENERGY STAR® Appliances

| Refrigerator - replacement with proof of recycling | \$75 |
|--|----------|
| Freezer - replacement with proof of recycling | \$75 |
| Dehumidifier | \$25 |
| ENERGY STAR Lighting* (online only) | |
| LED Bulb | \$2/bulb |

*Rebate only available through online store at www.energywisemnstore.com

Electric Vehicles (EV)

Level 2 EV Charger*

*EV Charger must be on whole house time-of-use rate or separately metered and controlled on the off-peak program to qualify.



•

\$500

Energy Efficiency Tip of the Month

About 30% of a home's heating energy is lost through inefficient windows. Caulk and weatherstrip all windows to seal air leaks.

When running your home heating system, lock all operable windows to ensure the tightest seal possible.

Source: Dept. of Energy



Source: energy.gov



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Your continued support of the **Operation Round Up**[®] program to help local civic and charitable organizations is appreciated.

Thank you!

Manage your account from the comfort and safety of your home, or on-the-go with SmartHub.

It is quick and easy to pay your bills, or set up auto-pay each month.

ITASCA-MANTRAP COOPERATIVE

16930 County 6, PO Box 192 Park Rapids, MN 56470

OFFICE HOURS

Monday - Friday: 8:00 AM - 4:30 PM Phone: 218-732-3377 or 888-713-3377 Fax: 218-732-5890 E-mail: itasca@itasca-mantrap.com www.itasca-mantrap.com



GOPHER STATE ONE CALL 1-800-252-1166 www.gopherstateonecall.org

OFFICERS & DIRECTORS

Dist. 1 – Brian Behrens, Director Dist. 2 - Patricia Roehl, Director Dist. 3 – Terrence Cook, Treasurer Dist. 4 – Al Czeczok, Asst Sec-Treas Dist. 5 - Nancy M. Utke, Chair Dist. 6 – Tim Kivi, Secretary Dist. 7 – Dan Breitbach, Vice Chair President-CEO – Christine Fox



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